



CCPA NET Letter

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Collin County
Psychological Association

MAY 2006
Volume 15, Issue 5



MATE SELECTION AND MARITAL THERAPY

Terry Parsons, Ph.D., D. Min.

A large group turned out for Terry's presentation on marital therapy. Terry stated that he was very impressed with the warm comfortable and welcoming greeting he received before the presentation began. We were all impressed with the high quality of his presentation style and the obvious depth of his knowledge. Terry focused

primarily on mate selection, it's role as a factor in marriage, and research on how people make this important choice. Many of us were pleased to get a copy of his book, "The Intimacy Jungle." Terry was grateful and humbled by the calls and e-mails he received from CCPA members during the days after the meeting. The executive committee is discussing having him back soon.

**JOIN US ON THE THIRD FRIDAY OF MAY
FOR JENNIFER'S TALK ON SELF CARE!
TO GET YOU STARTED THINKING ABOUT
SELF CARE,
BE SURE TO READ *MENTOR'S CORNER*.**

"SELF CARE FOR PSYCHOLOGISTS"

5/19—12 NOON Ψ J. HARTMAN, PhD

**Please attend and bring a friend!
Our meetings are a great time to network!**

Inside this issue:

UPCOMING 2
Meetings

Review your 2
Listing!

**GET your CCPA
Membership Appli-
cation!**

See CCPA Website

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**Office Space,
Groups and More**

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**THE 45 MINUTE
SESSION**

FUTURE MEETINGS:

- 5/19— SELF CARE
Southfork
Hotel 12 Noon
- 6/23— PARENTING-
Southfork
Hotel 12 Noon
- 7/28—TPA UP-
DATE
Southfork
Hotel 12 Noon

UPCOMING MEETINGS—SCHEDULE THESE NOW!

Our monthly meetings are held from 12:00 noon to 1:30 p.m. on the 4th Friday of each month at the Southfork Hotel Plano, unless otherwise specified. The Southfork Hotel is on the east side of 75, 1 block north of 15th Street in Plano. Meetings are usually held in the Hackberry room. Members may order lunch from the menu, or just enjoy the presentation. 1.5 CEU credits are given to members for attending the meeting.

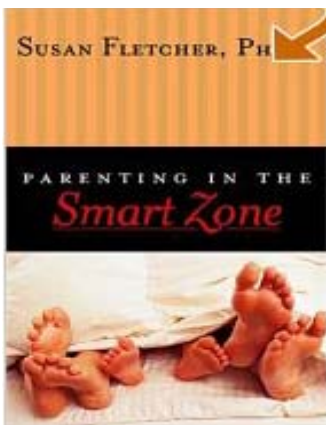
**May 19— Self Care for Psychologists—
J. Hartman, PhD—12 Noon, Southfork
Hotel Plano**

**June 23— Parenting in the Smart Zone—
Susan Fletcher, PhD- 12 Noon, Southfork
Hotel Plano **SEE BELOW!****

**July 28—TPA UPDATE— M. David Rudd,
PhD, President-Elect -12 Noon, South-
fork Hotel Plano**

**August 28 - Issues in Neuropsych—Earl
Johnson, PhD, Ft Worth Psych Assoc
Pres. 12 Noon, 600 W. Campbell Rd #5,
Richardson— **FREE LUNCH****

**PLEASE CHECK YOUR REFERRAL INFO.
ON www.psychselect.com/ccpa! We try to
keep it up to date, but we need you to verify your
location and phone info. Remember you
need to be current on dues to be listed!**



CONGRATULATIONS
SUSAN FLETCHER!
This new book from
one of our members
is a real achieve-
ment. Visit Susan's
website at
www.hearsusan.com

OPPORTUNITIES!

Office Space

West Plano 2300 sq. ft. office condominium has two spaces for lease to mental health professionals. The smaller office is about 172 sq. ft. in area and faces onto an eastern courtyard. The larger office has about 272 sq.ft. and has eastern and northern windows, a skylight, and built-in cabinets. Both have internet connections, phone hookups, recessed lighting, and soundproofing. The suite itself has a very nice and spacious waiting room, a nice admin area, file storage, a kitchenette, and interior restrooms for clients and staff. A separate exit is also provided for client and staff use. Free parking and easy access to all parts of the Metroplex are added features of this location. Please call Tom Van Hoose for more details at 972-250-2919.

West central Plano office for lease one bk. s. of medical center of Plano on coit rd., approx. 200 sq.ft. office and w.r., b.r., furnished; ALL INCLUSIVE w/ tel. and long distance, fax, frig., copier. meals not included though I may be able to help some with referrals. \$650/mo. Contact Dan Cox at 972-596-5960

Services -Groups

Gordon Sauer currently has groups running for 5th grade girls, 5th grade boys, 3rd grade boys, 7th grade boys and 10th grade boys. Contact Gordon at Gsauerphd@aol.com

Vickie L. Sutherland is offering "process oriented" group therapy pro bono for adults.

1st & 3rd Tues. of each month, 12 Noon to 1:45.

Contact Vickie 972-231-7782 for referral or more information!

**LET THIS SPACE WORK FOR YOU! Advertise your specialty or service so
our members can refer or utilize it! Send to: wickern@att.net**

CCPA PRESIDENT'S COLUMN: Greetings CCPA members!

March 2006



Another month flies by... It was good to see so many of you at last months meeting. Another "thank you" goes to Dr. Tim Branaman for the comprehensive history, current status, and possible implications of the sex offender treatment laws. I find comfort in the fact that we don't have to keep up on all the changes in our field on our own. Part of the value of CCPA for me, is the ability to access the expertise of our fellow members. I hope you find this true for you as well.

On several issues, I am looking forward to the information that Dr. Spreda brings back to us from the special TPA meeting in Austin, where she is representing CCPA.

I also wish to thank all of you who have recently given so many good suggestions to me on topics and possible presenters for our meetings. As well as requesting that you continue to let us know what and who you would find most beneficial. We will incorporate as many of them as we can into our future meeting agendas. A heads-up, we are currently planning an extended CEU opportunity... stay tuned.

I look forward to seeing you all at our next meeting.

Respectfully;

G. A. Jason Simpson, Psy.D.

Contact at : JasonPsyD@comcast.net

FROM TPA: The profession of psychology is under attack.

Every since TSBEP sunset legislation was passed last year, there have been several "attacks" against your psychologist's license. The most atrocious one stems from the psychological associates and their attempt to gain independent practice due to the dissolution of the psychological associate's advisory committee. The Texas Psychological Association has always been steadfast on the premise that the doctoral degree is the entry level into the practice of psychology. We will not deviate from that position.

We strongly believe this argument by the psychological associates to gain independent practice should be debated in the state legislature, but they have managed to make this an issue for the TSBEP. If you can believe this, your state board is currently discussing this issue and determining who has the authority to determine this issue; the state legislature or the state regulatory agency.

As a result of this aggressive initiative by the PA's, the leaders of the Texas Psychological Association, has called an emergency meeting of the LAS President's Council. As president of your local chapter, we are requesting that you come to Austin for a day long meeting to discuss this issue and other issues that are affecting the profession. We will develop a strategy on what you can do at your local level to educate your members about these situations.

COME 4/28 TO HEAR SARAH SPREDA'S INFORMATION ON THIS MATTER!

**Collin County
Psychological Association**

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*The network of psychologists that
connects!*

CCPA EXECUTIVE COMMITTEE

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President Elect

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Secretary

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ANNOUNCEMENT OR OTHER
RELEVANT INFORMATION,
CONTACT CCPA: wichern@att.net

BOARD MEETINGS:

Please attend!

600 W. Campbell Rd #5,
Richardson

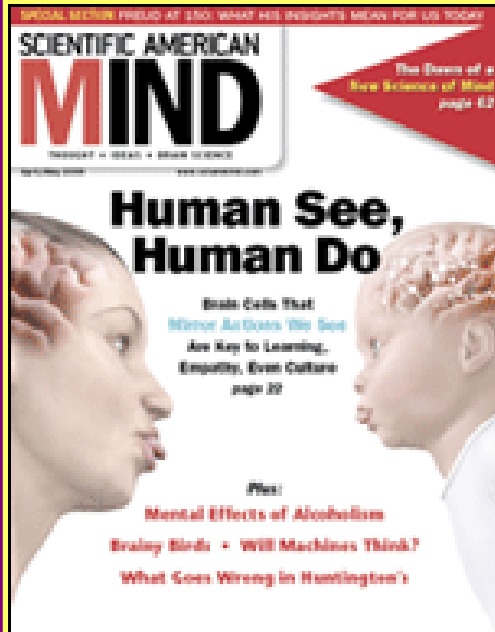
NOON – First Friday of month!

**PLEASE
RENEW YOUR
CCPA
MEMBERSHIP!**

Application at:
www.psychselect.com/ccpa

MENTOR'S CORNER: *CCPA encourages it's members to build profitable, ethical practices. These tips are timely and* we solicit your suggestions, recommendations and Questions!

SCIENTIFIC AMERICAN MIND: *Please consider taking this magazine for your continuing education as well as to put in your waiting area! The articles are very current*



and keep up with current brain research, including the one in this issue on mirror cells in the brain. Also in this issue is a great treatment of Alcoholism. The articles also suggest further reading about them in journals and books. A great way of keeping up with brain research without having to search through

books or journals!

HOW ABOUT THE 45 MINUTE SESSION: *Milton Erikson is reported to have said that the most important material is often introduced in the first five minutes of a session! The "50 minute" hour is tradition for many therapists, but as a supervisor once told me, "If you get done what you need too, you can end the session when you and the client are ready!" Therapists are not taxi drivers and we shouldn't charge by the minute. A little can be a lot, if your on target!*

So consider planning your sessions around the 45 minute rule. Know what you need to cover for your treatment plan, do it, review it, set goals and stop. Use the 15 minutes to write notes and other administration, return calls and refresh your mind. Then prepare for your next session. As Erikson suggests, having fresh listening skills may be your best intervention. Good therapy is the effective engagement of the uniqueness of the other's mind, reframing and targeted interventions. Don't let yourself be managed by the clock!