



# CCPA NET Letter

[www.psychselect.com/ccpa](http://www.psychselect.com/ccpa)

Collin County  
Psychological Association

JUNE 2009  
Volume 18, Issue 6

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UPCOMING 2  
Meetings

Review your 2  
Listing!

**IT IS TIME TO RE-  
NEW! GET your  
CCPA Member-  
ship Application!**

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Groups and More**

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TPA LEG NEWS



## EMOTIONAL NUTRITION

S. PORTER-LEVY,  
PHD

Susan presented a  
challenging discus-  
sion of the role of  
positivity and how

labeling as both positive and negative can effect cells  
and thought. The representation of reality by the  
mind can bring significant effect. The best emotional  
nutrition is a diet of consciousness that focuses on  
what is good, positive and peaceful. Breaking out of  
stress, anxiety and cycles of worry requires a con-  
scious effort to see and label life events as good!  
THANK YOU FOR BEING SO ENCOURAGING  
SUSAN!

**NEXT CCPA MEETING LOCATION !**  
**TINO'S MEXICAN RESTAURANT**  
**SOUTH MAIN ENTRANCE**

**"BETTY FORD TX PROGRAMS"**  
6/26—12 NOON Ψ - PAM NUGENT

**PLEASE PLAN TO ATTEND AND  
BRING YOUR COLLEAGUES**

### **FUTURE MEET- INGS:**

- 6/26—FORD TX PROGRAMS-TINO'S—12 NOON
- 7/24—TBA-TINO'S—12 NOON
- 8/28—TBA-12 NOON—TINO'S
- PLEASE HELP CCPA FIND PRE-SENTERS!

## UPCOMING MEETINGS—SCHEDULE THESE NOW!

Our monthly meetings are held from 12:00 noon to 1:30 p.m. on the 4th Friday of each month at TINO's Mexican Restaurant, Collin Creek Mall, Plano, unless otherwise specified. Tino's is in the South Main Entrance on the west side of 75. Members may order lunch from the menu, or just enjoy the presentation. 1.5 CEU credits are given to members for attending the meeting.

**June 26—BETTY FORD TX PROGRAMS- PAM NUGENT- 12 Noon Tino's Collin Creek— 1.5 CEU's**

**July 24—TBA- 12 Noon Tino's Collin Creek— 1.5 CEU's**

**August 28—TBA- 12 Noon Tino's Collin Creek— 1.5 CEU's**

**SEPT 25—TBA- 12 Noon Tino's Collin Creek— 1.5 CEU's**

**PLEASE CHECK YOUR REFERRAL INFO. ON [www.psychselect.com/ccpa](http://www.psychselect.com/ccpa)! We try to keep it up to date, but we need you to verify your location and phone info. Remember you need to be current on dues to be listed!**

**WE ARE RECEIVING A NUMBER OF REQUESTS FOR PRO BONO SERVICES. PLEASE NOTIFY FRANK WICHERN AT [wichern@att.net](mailto:wichern@att.net) IF YOU WOULD LIKE TO RECEIVE A REFERRAL!**

### OPPORTUNITIES!

#### Office Space

Nice 200 sq. foot office in West Plano with other psychologists, numerous amenities, ideal practice location. Contact Tom Van Hoose at 972-250-2919 or by email at [tv0109@flash.net](mailto:tv0109@flash.net).

Office space available immediately in West Plano with established private practice for experienced PhD or LPC. Furnished/unfurnished, phone/no phone, part-time/full-time. Opportunity for referrals. Other opportunities available. Contact me by email at [DrFletcher@FletcherPhD.com](mailto:DrFletcher@FletcherPhD.com).



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or call Bill Whitehead, Ph. D. at 972-818-3993

**CCPA PRESIDENT'S COLUMN:**

**JUNE 2009**

***Greetings CCPA members!***

Have you ever notice when it seems as though time is flying by? Certainly this has been a busy year in CCPA. Well, my time serving as President of CCPA is coming to an end and I will be turning over the reigns soon. I look back on this year and have a greater appreciation for what is needed to help the association function and the support that exists is very special in this group. We will be voting for officers at our next meeting and I hope that all of you take part in determining the leadership for the coming year. Your ongoing involvement in CCPA makes this feel like a family and I always look forward to seeing everyone at each meeting and I hope you feel the same way.

I was recently successful in contacting Dr. David White, TPA President. I expressed that we need to be updated on any activity in the legislature that will affect us. He has sent a letter out lining what is taking place. Please take a moment to read the laws that influence our professional lives. Over all he sounded very disappointed because many of the bills he lobbied for either stalled or did not pass. He said the practice of Psychology is becoming more complicated and he is strongly dedicated to protecting the integrity of our field.

I also asked if he read the column in the Monitor by Dr. James Bray, APA President. He had not and I asked him about the article titled, "Where have all the psychologists gone?" Dr. White believes we need to be more involved in the community as clinical leaders and promote our role in a diversified manor. Dr. Bray stated that there is a movement to drop psychologists from areas such as "developmental science, cognitive science, and neuroscience."

My concern is that over the years, the migration to private practice may contribute to limiting our exposure in other areas such as mental health clinics and providing services to the underserved. Internships are shrinking at alarming rates and training is not advancing the field of psychology as well as in the past. My brief conversation with Dr. White left me concerned that our community of psychologists is getting distracted and exhausted by defending ourselves and not enough energy is being devoted toward advancing the field. I hope this is not a trend where generations of bills helping to advance our ability to make a difference concede to special interest groups.

Board review: The CCPA board is currently scheduling speakers for future presentations and any suggestions you may have would be greatly appreciated. The board also had a lively discussion about the topic of membership and growth within the association. The board also discussed the fact that about one new member joins the association each year and where are all the Psychologists in Collin County going? It was suggested that attempts to recruit students would certainly strengthen to association.

Please feel free to express your ideas about the above topic.

Have a safe and invigorating summer!

Gary Grossman, Ph.D.

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**Collin County  
Psychological Association**

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*The network of psychologists that  
connects!*

**CCPA EXECUTIVE COMMITTEE**

**Gary Chase, Ph.D.**

*Past President*

**Gary Grossman, PhD**

*President*

**Jason Simpson, Psy.D.**

*President Elect*

**Ron Taylor, Psy. D.**

*Secretary*

**Frank Wichern, Ph.D.**

*Treasurer*

ANNOUNCEMENT OR OTHER  
RELEVANT INFORMATION,  
CONTACT CCPA: [wichern@att.net](mailto:wichern@att.net)

***BOARD MEETINGS:***

***Please attend!***

600 W. Campbell Rd #5,  
Richardson

*NOON – First Friday of month!*

**PLEASE  
RENEW YOUR  
CCPA  
MEMBERSHIP!**

**Application at:**  
[www.psychselect.com/ccpa](http://www.psychselect.com/ccpa)

**MENTOR'S CORNER:** *CCPA encourages it's members to build profitable, ethical practices. These tips are timely and* we solicit your suggestions, recommendations and Questions!

FROM TPA (DAVID WHITE):

**BILLS THAT PASSED THIS SESSION OF INTEREST TO PSYCHOLOGISTS:**

**HB 461 – Establishment of the Dyslexia Practitioners / Therapists Title Recognition Act**

**HB 2129 – Workgroup to study integration of health and behavioral codes**

**HB 1012 – Parenting Coordinator / Facilitator**

**HB 1711 – Establishment of a comprehensive and re-entry and reintegration plan for offenders released from a correctional facility**

**HB 1240 – Information given to parent regarding their infants**

**SEE THE TPA WEBSITE FOR MORE INFORMATION!**