



# CCPA NET Letter

www.psychselect.com/ccpa

Collin County  
Psychological  
Association

July 2004  
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## CCPA ONLINE!

Now you can read and print, old and new newsletters, programs, awards and workshop registration online. You will also be able to find referral information on our members! We will notify by email when a new information is available and provide reminders of our meetings. Please be sure to keep us informed of your current email address. You can send us questions and email addresses at [wichern@att.net](mailto:wichern@att.net)

Also please renew your membership for the 2004-05 Year!



### Pre-Surgery Evaluations!

Andrew Block, PhD presented a program on his research. Andy is author of *Psychological Screening of Spine Surgery Candidates* and has developed an algorithm for determining prognosis. He reviewed his past research and what has led up to his current model.

He advised us on instruments and the value of this type of evaluation to both psychologists and other health professionals. The algorithm uses risk factors assessed in interview, testing, medical information and clinical features. Not surprisingly, various clinical conditions such as inconsistency, medication seeking, non-cooperation and compliance, resignation and deception all contribute to a poor prognosis. The use of this information is effective in both discriminating and advising for postoperative treatment. Application to gastroplasty surgery evaluations was also discussed.

## “Advances in Neuroscience”

7/23—12 PM  $\Psi$  Lawrence Cauller, PhD

**TIME TO RENEW YOUR MEMBERSHIP WITH CCPA!**

**PLEASE JOIN US FOR ALL OF OUR MEETINGS AND GET CEUs!**

**Please invite your friends!**

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It's time to Renew your CCPA Membership! See CCPA Website for application

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### FUTURE MEETINGS:

- 7/23 Advances in Neuroscience - Southfork Hotel 12 Noon
- 8/27 Couples Therapy—600 W. Campbell #5, Richardson, Free Lunch 12 Noon
- Sept 24— Collaborative Divorce Southfork Hotel 12 Noon

## UPCOMING MEETINGS—SCHEDULE THESE NOW!

Our monthly meetings are held from 12:00 noon to 1:30 p.m. on the 4th Friday of each month at the Southfork Hotel Plano, unless otherwise specified. The Southfork Hotel is on the east side of 75, 1 block north of 15th Street in Plano. Meetings are usually held in the Hackberry room. Members may order lunch from the menu, or just enjoy the presentation. 1.5 CEU credits are given to members for attending the meeting.

**July 23—Advances in Neuroscience with Lawrence Cauller, PhD, UTD**

**Aug 27—Couples Therapy with Steve Sliwinski, PhD  
600 W. Campbell, Richardson  
Free Lunch RSVP: 972-234-3178**

**Sept 24—Collaborative Divorce with Bob Matlock, Atty. Southfork Hotel Plano**

**Oct 22— What's New with the MMPI? With Roger Green, PhD**

**Dec 3— HOLIDAY SOCIAL at the home of Frank & Pattie Wichern**

**PLEASE CHECK YOUR REFERRAL INFO. ON [www.psychselect.com/ccpa](http://www.psychselect.com/ccpa)! We try to keep it up to date, but we need you to verify your location and phone info. Remember you need to be current on dues to be listed!**

### OPPORTUNITIES!

#### Office Space

Several large offices with waiting area available . Located in Richardson near UTD. Office with other mental health professionals.

Contact: Frank Wichern (972) 234-3178

Two story, reasonably priced (\$950), 1200 sq ft office for rent. Four offices, waiting room, break area, rest room. 1325 19<sup>th</sup> St. Ste. 4B, Plano

Contact: Dan Perkins 972-562-9140

Rooms for rent at Private Psychology Practice in N. Plano. Beautiful, new office condo, \$550-750. Contact: Grace Chew, 469-467-7595

West Plano 2300 sq. ft. office condominium has two spaces for lease to mental health professionals. The smaller office is about 172 sq. ft. in area and faces onto an eastern courtyard. The larger office has about 272 sq.ft. and has eastern and northern windows, a skylight, and built-in cabinets. Both have internet connections, phone hookups, recessed lighting, and soundproofing. The suite itself has a very nice and spacious waiting room, a nice admin area, file storage, a kitchenette, and interior restrooms for clients and staff. A separate exit is also provided for client and staff use. Free parking and easy access to all parts of the Metroplex are added features of this location. Please call Tom Van Hoose for more details at 972-250-2919.

#### Services

##### Groups

Sarah Spreda, PhD and Misty Hook, PhD will be offering several coping skills and support groups for 2004! These groups will concern anxiety, depression, pregnancy, body image and adolescent issues. Contact them at 972.377.4262 Or 214.244.5835 email:mistymhook@comcast.net

**LET THIS SPACE WORK FOR YOU!**

**Advertise your specialty or service so our members can refer or utilize it!**

**Send to: [wichern@att.net](mailto:wichern@att.net)**

**MORE MENTOR’S CORNER: LIVING WILL FOR PSYCHOLOGISTS**

***Greetings CCPA members! July 2004***

No one likes to think of their own finiteness! However, at some point, you will not be practicing! APA Ethical Principles and Code of Conduct 4.08 and 5.09 require a transition of care for patients and a plan for protection of confidentiality of information that is maintained by a psychologist should that person be ill, deceased or unavailable.

How then is a responsible psychologist to make provision for their patients, past and present, in the event that services are interrupted. A sensible alternative is to designate a colleague who will be willing to serve as professional executor and a Living Will or called a Limited Power of Attorney, by attorneys. This is not meant to be legal advice but only a suggestion to think on and be creative with, perhaps contacting a local attorney who might review it.

**Living Will Concerning the Disposition of the practice of  
Frank B. Wichern, Sr. PhD**

**In the event of death, disappearance or disability after 7/1/2004**

- 1. My professional executor is: Robert Weiner, PhD Address, Phone to be assisted by Pattie Wichern, my estate executor.**
- 1. My attorney is: Bill Rosenberry, Address, Phone**
- 2. My accountant is: Joe Peterson, Address, Phone**
- 3. My office location is: 600 W. Campbell Rd. Ste. 5, Richardson, TX 75080**
  - The keys to my office and file cabinets are on my personal key ring.
  - My closed files are locked in the conference room.
  - My open files are locked in my desk, current patient PHI is locked in the administrative file cabinet.
  - My license, malpractice insurance policy, and other relevant professional information is located in the administrative file cabinet.
  - All client materials are to be handled only by my executors and in accordance to the Office Policy Manual.
  - Clients are to be referred to appropriate psychologists in the area or at the discretion of the client.
  - My appointment schedule is on my computer and PDA.
- 4. Specific Instructions:**
  - In the event I am unable to work for more than two weeks, but can communicate effectively, I will direct the disposition of patients, files and all materials and business. This takes precedent over this document.
  - In the event of death, or permanent decisional incapacity, my executors shall take the following steps:
    - 1.** Notify scheduled clients of my circumstance. Make referrals as necessary. Obtain release of information for transmittal of records for those so desiring and convey records to the new therapist.
    - 2.** All remaining records should be maintained for the minimum number of years required by state and federal laws. Destroy all remaining records and held records when provident by shredding.
    - 3.** I authorize my executors to pay all professional expenses from my practice and to receive payments to the practice for services prior to my demise. I also authorize payment of the executors for their efforts.
    - 4.** Notify insurance companies, colleagues and professional organizations of the closing of my practice.

The professional living will is established in and shall be governed by the laws of the State of Texas. I intend that this power of attorney by universally recognized and admissible in any jurisdiction.

\_\_\_\_\_  
Psychologist Signature/ Date

\_\_\_\_\_  
Witness Signature/ Date

\_\_\_\_\_  
Notary Signature/ Dat

Hope this helps you to think through this issue! Join us to hear Dr. Cauller at the Southfork Hotel on July 23 !

***Frank B. Wichern, Sr, Ph.D.***

**Collin County  
Psychological Association**

600 W. Campbell Road  
Suite 5  
Richardson, Texas  
75080  
[www.psychselect.com/ccpa](http://www.psychselect.com/ccpa)

*The network of psychologists that  
connects!*

**CCPA EXECUTIVE COMMITTEE**

**Bob Weiner, Ph.D.**

*Past President*

**Steve Sliwinski, Ph.D.**

*President*

**Jason Simpson, Ph.D.**

*President Elect*

**Elizabeth Lombardo, Ph.D.**

*Treasurer*

**Sarah Spreda, Ph.D.**

*Secretary*

**ANNOUNCEMENT OR OTHER  
RELEVANT INFORMATION,  
CONTACT CCPA: [wichern@att.net](mailto:wichern@att.net)**

***BOARD MEETINGS:***

***Please attend!***

600 W. Campbell Rd #5,  
Richardson

*NOON – First Friday of month!*

**CCPA THANKS  
Bill Whitehead, PhD  
For his efforts as  
Webmaster for  
[www.psychselect.com](http://www.psychselect.com)**

***MENTOR'S CORNER: CCPA encourages it's members to  
build profitable, ethical practices. These tips are timely and  
we solicit your suggestions, recommendations and Questions!  
Copies of the CCPA Office Practices CD are still available!***

**COMING SOON NATIONAL PROVIDER NUMBERS!** National  
Provider Numbers will be required for HIPPA Covered Entities.

More to come and how to apply!

**Credit or Debit Card payments to you for "Professional services"  
with date amounts are not PHI and are not covered by HIPPA!**

Use ICD-9 Codes for billing. The Mental Health DSM IV to  
ICD-9 codes are available on our CCPA CD or from APA.org.

**FREE CEU WEBSITE:** [www.psychlink.com](http://www.psychlink.com) Carol Mohney offers a  
new source for free cues. Check it out!

**From apa.org, tips for your practice!**

**Write something.**

There are a variety of potential options for getting published. Though  
not for everyone, contributing to peer-reviewed journals is one possible  
route. You could offer to write pieces on a professional issue for your  
state psychological association newsletter. Or you could contribute an  
article to a local newspaper. Having your writings published is a great  
way to enhance your visibility, build your arsenal of promotional materi-  
als, and hone your writing skills.

**Get free press.**

Write letters to the editor or op-eds for your community newspaper on  
topics within your areas of competence. Learn how to write good press  
releases for your speaking engagements. Knowing and engaging your  
local media contacts can help boost your public profile.

**Network with your colleagues.**

Join relevant professional organizations, participate in their activities  
and events, and serve on a committee or in another leadership role. Be-  
ing active in the American Psychological Association, your state, provin-  
cial, or territorial psychological association, and APA divisions related to  
your interest areas is a great way to stay up-to-date on current develop-  
ments and network with other psychologists who might send business  
your way.

**Be visible in the community.**

Be active in your community and network with non-psychologists. Par-  
ticipate in your homeowners association, PTA, and other community  
organizations and take part in community activities. Visibility is impor-  
tant. The more people you know, the more sources of referrals you have.

**BUY DISABILITY INSURANCE!**

**Disability Insurance is cheap and necessary! It kicks in when  
you can't! The risk of a disability that would keep you from  
practicing for more than 90 days is 1 in 4, 6 times the risk of  
dying! Plus, while you might be able to work around loss of  
income, what about the costs of your office, phones etc. APA  
Trust has a good policy that covers us when we can't go back  
to our office, not just any work. The younger you are when  
you take out the policy, the cheaper your premiums will be  
forever. So figure your overhead, and buy a policy that will  
pay that much for at least 2 years if not 3. A 60 to 90 day wait-  
ing period is common before benefits began. So keep a pad-  
ding of 6 months operating expense for the transition. Not  
being able to work plus worrying about office expense makes  
Disability insurance a must!**