



# CCPA NET Letter

[www.psychselect.com/ccpa](http://www.psychselect.com/ccpa)

Collin County  
Psychological Association

JULY 2008  
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## NEW MEMBERSHIP OPTIONS!

**CCPA members voted to change our dues! Now, if you are member of TPA, you may have one year FREE membership in CCPA. Thereafter, CCPA members who are also TPA members will renew membership for \$50. So if you are not a TPA member, join now and get the next year of CCPA for free! Encourage any colleagues who belong to TPA to accept this offer and join CCPA.**



**TEXAS**  
REP. JERRY MADDEN presented an interesting and valuable discussion of his role with corrections! It was encouraging to hear about new programs and the challenges for mental health in prisons, probations and parole.

**NEXT CCPA MEETING LOCATION !**  
**TINO'S MEXICAN RESTAURANT**  
**SOUTH MAIN ENTRANCE**

### **“FORENSIC CONCERNS”**

7/25—12 NOON Ψ J. ZERVOPOLOUS, PHD

**PLEASE PLAN TO ATTEND AND  
BRING YOUR COLLEAGUES**

Inside this issue:

UPCOMING 2  
Meetings

Review your 2  
Listing!

**IT IS TIME TO RE-  
NEW! GET your  
CCPA Member-  
ship Application!**

See CCPA Website

**Opportunities! 2**  
**Office Space,  
Groups and More**

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### **FUTURE MEET- INGS:**

- 7/25—  
FORENSICS—  
TINO'S—12  
NOON
- 8/22 –FAMILY  
LAW- TINO'S—12  
NOON
- 9/26 –  
PSYCHOANA-  
LYTIC - TINO'S—  
12 NOON
- 10/24– TBA—  
TINO'S—12  
NOON

## UPCOMING MEETINGS—SCHEDULE THESE NOW!

Our monthly meetings are held from 12:00 noon to 1:30 p.m. on the 4th Friday of each month at TINO's Mexican Restaurant, Collin Creek Mall, Plano, unless otherwise specified. Tino's is in the South Main Entrance on the west side of 75. Members may order lunch from the menu, or just enjoy the presentation. 1.5 CEU credits are given to members for attending the meeting.

**July 25—Forensics, CUSTODY ISSUES—J. Zervopolous, PhD—12 Noon Tino's Collin Creek— 1.5 CEU's Ethics**

**August 22—FAMILY LAW ISSUES—Tom Hartsell, Atty— 12 Noon Tino's Collin Creek— 1.5 CEU's Ethics**

**Sept. 26—Psychoanalytic Update— 12 Noon Tino's Collin Creek— 1.5 CEU's**

**Oct. 24—TBA— 12 Noon Tino's Collin Creek— 1.5 CEU's**

**PLEASE CHECK YOUR REFERRAL INFO. ON [www.psychselect.com/ccpa](http://www.psychselect.com/ccpa)! We try to keep it up to date, but we need you to verify your location and phone info. Remember you need to be current on dues to be listed!**

**WE ARE RECEIVING A NUMBER OF REQUESTS FOR PRO BONO SERVICES. PLEASE NOTIFY FRANK WICHERN AT [wichern@att.net](mailto:wichern@att.net) IF YOU WOULD LIKE TO RECEIVE A REFERRAL!**

### OPPORTUNITIES!

#### Office Space

Several 200 sq. ft. offices with waiting area available. Located in Richardson near UTD.

Office with other mental health professionals.

Contact Frank Wichern at 972-234-3178 or [wichern@att.net](mailto:wichern@att.net)

#### Services -Groups

Gordon Sauer currently has groups running for 5th grade girls, 5th grade boys, 3rd grade boys, 7th grade boys and 10th grade boys. Contact Gordon at [Gsauerphd@aol.com](mailto:Gsauerphd@aol.com)

#### Assessment Materials

Susan Porter-Levy has made several child abuse assessment tools available. Also she has some neuropsych testing tools for sale. Please contact Susan for more information: [porterlevy@aol.com](mailto:porterlevy@aol.com)

**LET THIS SPACE WORK FOR YOU!**

**Advertise your specialty or service so our members can refer or utilize it!**

**Send to: [wichern@att.net](mailto:wichern@att.net)**

**CCPA PRESIDENT'S COLUMN:**

***Greetings CCPA members!***

***JULY 2008***

Well, it is July as the year continues to scoot by for me! This will be my final letter as CCPA President. Our incoming President, Dr. Gary Grossman, will be the next author of this monthly letter. I know Gary will do a fine job for us in the 2008-09 year. I want to thank the Board and the membership for allowing me to serve as President. It has been a pleasure! Along these same lines, one of our new members, Ron Taylor, has bravely offered to serve as Secretary for the coming year.



Thank you, Ron! It is always gratifying to have new members step up and volunteer. We will likely vote on Ron's seating as Secretary at the July meeting (7-25-08 at Tino's).

I'd like to take this opportunity to thank State Rep. Jerry Madden for giving us a behind-the-scenes look at the workings of the Texas political machinery at our June meeting. I was hoping to treat Rep. Madden to lunch following his presentation; however, when he checked in with his assistant, he had a scheduled meeting with a constituent. Next time, sir!

In other news, many of you may have received an email from APA via TPA (or through other sources) about the mental health parity bill. Reportedly, the House and Senate reached an historic agreement on the terms of this bill (H.R. 1424..but who's counting?). Since March, the two chambers have been trying to hammer out an agreement since passing their respective bills. Apparently the compromise is "expected to move quickly through both chambers." The APA Practice Organization has been involved in these negotiations along with NAMI. Briefly, the negotiations dealt with three key issues: 1.) Preemption. The House accepted the Senate version which defers to HIPAA standards. Those standards are very protective of State law and ensure that stronger state parity and other consumer laws will remain in place. 2.) Out-of-network services. The Senate accepted the stronger House language which stipulates that out-of-network mental health and substance abuse treatment will be provided at parity when a plan provides out-of-network **physical** health services. 3.) Covered services. The House agreed to drop mandated coverage for **all** DSM diagnoses but ensured that all mental health conditions and substance abuse disorders would be covered by "mirroring the standard for mental health under the federal parity law."

APA holds that when enacted the new parity law will end insurance discrimination against mental health and substance abuse disorders benefits, requiring full parity with physical health benefits. It will also extend to all aspects of plan coverage, including visit limits, dollar limits, coinsurance, copayments, deductibles, and out-of-pocket maximums. The memo released by APA was very upbeat and mentioned that this is the culmination of a decade of advocacy for change. It remains to be seen how fairly this will be applied by the managed care sector.

Remember that payment of dues for the upcoming year is upon us. Those of us who belong to or join TPA will owe no CCPA dues for 2008-09. Moreover, in 2009-10, our CCPA dues will remain at \$50 annually rather than the \$90 due for 08-09. I hope those of you who are not currently TPA members will consider joining and that those current members will renew membership at the appointed time.

Thanks again to the members and the Board for the opportunity to serve as CCPA President. Have a safe summer and I hope to see many of you on the 25th at Tino's.

***Gary Chase, Ph.D.***

You may contact me at [gary@drgarychase.com](mailto:gary@drgarychase.com)

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Psychological Association**

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[www.psychselect.com/ccpa](http://www.psychselect.com/ccpa)

*The network of psychologists that  
connects!*

**CCPA EXECUTIVE COMMITTEE**

***Sarah Spreda, Ph.D.***

***Past President***

***Gary Chase, Ph.D.***

***President***

***Gary Grossman, PhD***

***President Elect***

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***Frank Wichern, Ph.D.***

***Treasurer***

**ANNOUNCEMENT OR OTHER  
RELEVANT INFORMATION,  
CONTACT CCPA: [wichern@att.net](mailto:wichern@att.net)**

***BOARD MEETINGS:***

***Please attend!***

600 W. Campbell Rd #5,  
Richardson

***NOON – First Friday of month!***

**PLEASE  
RENEW YOUR  
CCPA  
MEMBERSHIP!**

**Application at:  
[www.psychselect.com/ccpa](http://www.psychselect.com/ccpa)**

***MENTOR'S CORNER:*** *CCPA encourages it's members to build profitable, ethical practices. These tips are timely and we solicit your suggestions, recommendations and Questions!*

**ETHICALITY!**

From: Frank Wichern

The CCPA EXEC meetings often produce many interesting discussions on ethics. Please join us because these insights may be license saving! Our next meeting is 8/1 at noon!

**BOUNDARY ISSUES: (FROM KEN POPE)**

"Misuses and Misunderstandings of Boundary Theory in Clinical and Regulatory Settings" was the pioneering 1998 work showing how "the perversion of boundary theory may place professionals at risk for undeserved sanctions and may potentially harm patients themselves by frightening the professionals into rigidity in therapeutic interactions."

Gutheil and Gabbard examined trends in "the civil litigation on these issues that alleges traditional malpractice" and the ways in which "licensing and registration boards in medicine and the behavioral sciences, as well as ethics committees of professional organizations, have also become involved in patient complaints about alleged nonsexual boundary violations."

They stated that their "review of the current status of boundary theory in both the law and clinical practice suggests that an over-reaction has occurred that requires correction. "

The article explored and categorized "some of the significant misuses and misunderstandings that have occurred in the name of attention to professional boundary concerns" and presented 5 specific recommendations.

The purpose of the article was "to hasten the arrival of the pendulum to the midpoint between the extremes of boundaryless clinical practice and rigid overreaction."

Gutheil and Gabbard explored crossings and violations in such areas as role, time, place and space, money, gifts, services, clothing, language, self-disclosure, and physical contact. They emphasized that crossing boundaries "may at times be salutary, at times neutral, and at times harmful" and that the nature, clinical usefulness, and impact of a particular crossing "can only be assessed by a careful attention to the clinical context."

"Misuses and Misunderstandings of Boundary Theory in Clinical and Regulatory Settings" is online at:  
<<http://ks pope.com/payton/gutheil-gabbard.php>>.