



CCPA NET Letter

www.psychselect.com/ccpa

Collin County
Psychological Association

JULY 2009
Volume 18, Issue 7

CHILDREN'S TX PROGRAMS

Pam Newton, Program Director

Kyle Pillens, Program Counselor

Pam Newton and Kyle Pillens gave an informative presentation on the Betty Ford Texas Center's, Five Star Kids Program, which is open to any families who have struggled with alcohol and/or drug addiction in the past and are still struggling. The three day program provides prevention and education in a safe environment to help children. Ages 7-12 learn there are other children and families living with alcoholism and drug addiction. Through art, games, role-play and other activities, the program teaches participants to express feelings, develop self-care skills and improve communication with their parents. Above all, children are taught that addiction is not their fault. An adult component includes parent education and support. Although the Betty Ford Texas Center is located in Irving, weekends are offered at partnering sites throughout the Dallas/Fort Worth Metroplex. Great news is that a scholarship fund ensures that all children may participate regardless of ability to pay.

Thanks to Pam Newton and Kyle Pillens for their sometimes entertaining demonstration and information related to this valuable referral resource for children.
RON TAYLOR, PSY.D.

NEXT CCPA MEETING LOCATION !
TINO'S MEXICAN RESTAURANT
SOUTH MAIN ENTRANCE
COLLIN CREEK MALL

"OFFICE PRACTISES LUNCH"

7/24—12 NOON Ψ - EXEC COMMITEE

**PLEASE PLAN TO ATTEND AND
BRING YOUR COLLEAGUES**

Inside this issue:

UPCOMING 2
Meetings

Review your 2
Listing!

**IT IS TIME TO RE-
NEW! GET your
CCPA Member-
ship Application!**

See CCPA Website

Opportunities! 2
**Office Space,
Groups and More**

President's 3
Column

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**NEUROFEED-
BACK -ADHD**

FUTURE MEET- INGS:

- 7/24—OFFICE ISSUES-TINO'S—12 NOON
- 8/28—TBA-12 NOON—TINO'S
- 9/25—TPA-TINO'S—12 NOON
- PLEASE HELP CCPA FIND PRE-SENTERS!

UPCOMING MEETINGS—SCHEDULE THESE NOW!

Our monthly meetings are held from 12:00 noon to 1:30 p.m. on the 4th Friday of each month at TINO's Mexican Restaurant, Collin Creek Mall, Plano, unless otherwise specified. Tino's is in the South Main Entrance on the west side of 75. Members may order lunch from the menu, or just enjoy the presentation. 1.5 CEU credits are given to members for attending the meeting.

July 24—OFFICE ISSUES- 12 Noon Tino's Collin Creek—

August 28—TBA- 12 Noon Tino's Collin Creek— 1.5 CEU's

SEPT 25—TPA— D. WHITE— 12 Noon Tino's Collin Creek— 1.5 CEU's

Oct 23—TBA- 12 Noon Tino's Collin Creek— 1.5 CEU's

PLEASE CHECK YOUR REFERRAL INFO. ON www.psychselect.com/ccpa! We try to keep it up to date, but we need you to verify your location and phone info. Remember you need to be current on dues to be listed!

WE ARE RECEIVING A NUMBER OF REQUESTS FOR PRO BONO SERVICES. PLEASE NOTIFY FRANK WICHERN AT wichern@att.net IF YOU WOULD LIKE TO RECEIVE A REFERRAL!

OPPORTUNITIES!

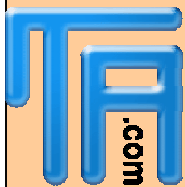
Office Space

Nice 200 sq. foot office in West Plano with other psychologists, numerous amenities, ideal practice location. Contact Tom Van Hoose at 972-250-2919 or by email at tv0109@flash.net.

Office space available immediately in West Plano with established private practice for experienced PhD or LPC. Furnished/unfurnished, phone/no phone, part-time/full-time. Opportunity for referrals. Other opportunities available. Contact me by email at DrFletcher@FletcherPhD.com.

Clinical Director— Galaxy Counseling Center is seeking an energetic professional to direct the agency's clinical services. Responsibilities include: program development, outcome evaluation; supervision and selection of clinical staff; direction of training program; consultation and outreach programs; and participation on the agency's management team.

Required Experience: Licensed Psychologist for oversight of clinical services (assessment and counseling with adults, children and families), clinical supervision. Successful candidates should possess excellent organizational, writing, and interpersonal skills, and the ability to build and maintain positive relationships with staff, students, and Board. Salary: Commensurate with experience. CONTACT: Lynette Payne, 972.494.2812 OR lpayne@galaxycounseling.org



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Special discount for fellow CCPA members!

CCPA PRESIDENT'S COLUMN:

JULY 2009

Greetings CCPA members!

The summer sun is heating up and the time has come to transition to a new executive committee. On June 26, 2009, an election of officers was held and the following members were nominated for the coming year.

Past President: Gary Grossman, Ph.D.
President: Jason Simpson, Psy.D.
President Elect: Ron Taylor, Psy.D.
Secretary: Janice Melester, Ph.D.
Treasurer: Frank Wichern, Ph.D.



My gratitude also must go out to Dr. Gary Chase as past President for his energy and support in helping the board attend to the priorities of CCPA. I will be working to follow his lead in supporting the board over the next year. I encourage all of you to reach out to the board and let your voice be heard so that we are effective in meeting the needs of the association. Please feel free to attend any executive committee meeting held the first Friday of the month at Dr. Wichern's office.

The intent of the executive committee will be to invite presenters to help us with ethical difficulties and increase our awareness on advances in technology. TPA has been very active in the political climate so that Psychologists are respected and not overlooked. The committee will do our best to keep you informed of changes that impact all of us.

On Friday, July 17th Dr. David White was in Dallas and Dr. Sarah Sprada, her boss and myself met with him to discuss issues related to CCPA. He has planned on organizing a social Thursday evening, September 24th in the evening to meet with us and details will follow. He would also like to speak to the Association Friday, Sept. 25th for the noon meeting.

There are many issues for us to be aware of with APA and TPA and this will allow us to be informed and speak with Dr. White. This is a great opportunity for CCPA to take steps in a positive direction. As you can tell this will prove to be an exciting year for CCPA and your involvement is greatly appreciated.

Have a nice summer and feel free to contact the board or myself if there is anything you need.

Gary Grossman, Ph.D.

EMAIL:gary@drdonbishop.com

**Collin County
Psychological Association**

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75080

www.psychselect.com/ccpa

*The network of psychologists that
connects!*

CCPA EXECUTIVE COMMITTEE

Gary Grossman, PhD

Past President

Jason Simpson, Psy.D.

President

Ron Taylor, Psy. D.

President Elect

Janicc Melester, Ph.D.

Secretary

Frank Wichern, Ph.D.

Treasurer

**ANNOUNCEMENT OR OTHER
RELEVANT INFORMATION,
CONTACT CCPA: wichern@att.net**

BOARD MEETINGS:

Please attend!

600 W. Campbell Rd #5,
Richardson

NOON – First Friday of month!

**PLEASE
RENEW YOUR
CCPA
MEMBERSHIP!**

**Application at:
www.psychselect.com/ccpa**

MENTOR'S CORNER: *CCPA encourages it's members to build profitable, ethical practices. These tips are timely and we solicit your suggestions, recommendations and Questions!*

**New Research Shows: Neurofeedback Is An
'Evidence-Based' Treatment For ADHD**

From: Medical News Today 17 Jul 2009

Neurofeedback - also called EEG Biofeedback - is a method used to train brain activity in order to normalize Brain function and treat psychiatric disorders. This treatment method has gained interest over the last 10 years, however the question whether this treatment should be regarded as an Evidence-Based treatment was unanswered until now. Tomorrow a study will be published in the scientific journal 'EEG and Clinical Neuroscience' demonstrating that Neurofeedback can indeed be regarded as an evidence-based treatment for Attention Deficit- / Hyperactivity Disorder (ADHD).

Neurofeedback is a treatment where real-time feedback is provided for specific brain activity (most often EEG) in order to learn the brain to suppress or produce specific brain activity. This method was initially discovered for the treatment of Epilepsy and from 1976 investigated further for the treatment of ADHD. This technique has become more popular by clinicians worldwide, and is currently provided for the treatment of several disorders. Critics have often questioned the efficacy of Neurofeedback and whether it can be considered an Evidence Based treatment or not.

In collaboration with researchers from Tübingen University (Germany), Radboud University (Nijmegen, the Netherlands), Brainclinics and EEG Resource Institute a so-called meta-analysis was conducted on all published research about Neurofeedback treatment in ADHD. This meta-analysis included 15 studies and 1194 ADHD patients. Based on this study - which will be published in the July issue of EEG and Clinical Neuroscience - it could be concluded that Neurofeedback can indeed be considered an Evidence-Based treatment for ADHD. The results show that neurofeedback treatment has large and clinically significant effects on Impulsivity and Inattention and a modest improvement of Hyperactivity.