



CCPA NET Letter

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Collin County
Psychological Association

AUGUST 2006
Volume 15, Issue 8

RAPE CRISIS CENTER OF COLLIN COUNTY

KARA FALETTO

At the monthly meeting on August 4th, CCPA members heard a presentation by Kara Faletto of the Rape Crisis Center of Collin County. The informative talk highlighted the efforts of the Rape Crisis Center in the surrounding communities. Cara spoke about the Teen Awareness Program, a five-level educational outreach program for students in grades 6-12. In 1995, this program was recognized by the Texas Association Against Sexual Assault (TAASA) as the "Innovative Program of the Year."



Cara also spoke about "Turning Point", a United way agency providing counseling, education, and advocacy for those impacted by sexual assault. Staff and trained volunteers provide services which include: Crisis Hot Line (1-800-866-RAPE); accompaniment to court

appearances; sexual assault nurse examiner program (SANER); and support groups. Questions were taken and were answered in a very comprehensive manner by Cara.

Gary Chase, PhD

IT IS TIME TO RENEW YOUR MEMBERSHIP WITH CCPA!

Get your CCPA application at

<http://www.psychselect.com/ccpa/applicat.htm>

Save 9/22 for Marital Therapy Seminar!

"ISSUES IN NEUROPSYCH"

8/25—12 NOON Ψ E. Johnson, PhD

FREE LUNCH! Please RSVP wichern@att.net!

600 W. CAMPBELL RD. #5, RICHARDSON

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IT IS TIME TO RENEW! GET your CCPA Membership Application!

See CCPA Website

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FUTURE MEETINGS:

- 8/25—ISSUES IN NEUROPSYCH
600 W CAMPBELL—FREE LUNCH
- 9/22— MARITAL THERAPY—
Southfork Hotel
12—4 PM
- 7/28—ETHICS/
INTERNET
Southfork Hotel
12 Noon

UPCOMING MEETINGS—SCHEDULE THESE NOW!

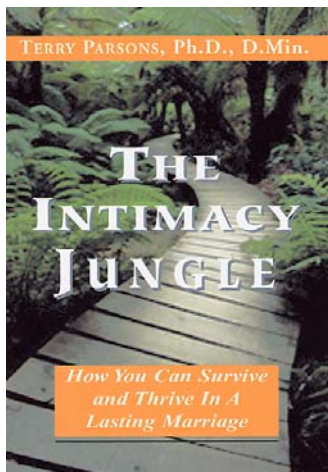
Our monthly meetings are held from 12:00 noon to 1:30 p.m. on the 4th Friday of each month at the Southfork Hotel Plano, unless otherwise specified. The Southfork Hotel is on the east side of 75, 1 block north of 15th Street in Plano. Meetings are usually held in the Hackberry room. Members may order lunch from the menu, or just enjoy the presentation. 1.5 CEU credits are given to members for attending the meeting.

August 25 - Issues in Neuropsych—Earl Johnson, PhD, Ft Worth Psych Assoc Pres. 12 Noon, 600 W. Campbell Rd #5, Richardson—FREE LUNCH, RSVP: wichern@att.net, 972.234.3178

Sept 22—Marital Therapy Workshop T. Parsons, PhD, 12-4 PM Southfork Hotel, Plano! REGISTER NOW!

Oct 27— Ethics in the Electronic Age – Jason Simpson, Psy D- 12 Noon, Southfork Hotel Plano Ethics CEU!

PLEASE CHECK YOUR REFERRAL INFO. ON www.psychselect.com/ccpa! We try to keep it up to date, but we need you to verify your location and phone info. Remember you need to be current on dues to be listed!



REGISTER NOW FOR
DR. PARSONS
SEMINAR!

Visit DR. PARSONS at <http://www.drterryparsons.com> for more information about him and his experience.

OPPORTUNITIES!

Office Space

West Plano 2300 sq. ft. office condominium has two spaces for lease to mental health professionals. The smaller office is about 172 sq. ft. in area and faces onto an eastern courtyard. The larger office has about 272 sq.ft. and has eastern and northern windows, a skylight, and built-in cabinets. Both have internet connections, phone hookups, recessed lighting, and soundproofing. The suite itself has a very nice and spacious waiting room, a nice admin area, file storage, a kitchenette, and interior restrooms for clients and staff. A separate exit is also provided for client and staff use. Free parking and easy access to all parts of the Metroplex are added features of this location. Please call Tom Van Hoose for more details at 972-250-2919.

West central Plano office for lease one bk. s. of medical center of Plano on coit rd., approx. 200 sq.ft. office and w.r., b.r., furnished; ALL INCLUSIVE w/ tel. and long distance, fax, frig., copier. meals not included though I may be able to help some with referrals. \$350/mo. Contact Dan Cox at 972-596-5960

Services -Groups

Gordon Sauer currently has groups running for 5th grade girls, 5th grade boys, 3rd grade boys, 7th grade boys and 10th grade boys. Contact Gordon at Gsauerphd@aol.com

LET THIS SPACE WORK FOR YOU! Advertise your specialty or service so our members can refer or utilize it! Send to: wichern@att.net

CCPA PRESIDENT'S COLUMN: Greetings CCPA members!

August 2006

Collin County Psychological Association was pleased that on short notice, "**The Turning Point Rape Crisis Center of Collin Count**" was able to speak on July 28th. The Turning Point Rape Crisis Center of Collin County is a non-profit agency of the Junior League of Plano.

Ms. Kara Faletto, Community Outreach Educator, provided an overview of the services that Turning Point offers Collin County residents. The Rape Crisis Center of Collin County offers 24-Hour Hotline: 1-800-866-RAPE; Counseling, Advocacy, and Education. The Center offers direct services that include crisis intervention for victims, families, and friends. They also provide information concerning sexual assault, including how to report it to the police, and explanation of legal and medical procedures. Advocacy is also a component upon request of the victim. Support groups and individual counseling are also available. A unique aspect of the Center is the Sexual Assault Nurse Examiner Program. This involves RN's specifically trained in collecting forensic evidence, testifying in court, and providing medical care to survivors of sexual assault.



The Center provides free services to victims of all forms of sexual assault including: attempted sexual assault, childhood sexual abuse, date rape, incest, marital rape, and sexual harassment, no matter how long ago the incident occurred. The staff consists of professionals and volunteers. Each volunteer must complete 20 hours of training. Advocates receive 44 hours of special training. In addition, volunteers must submit an application, get a criminal background check, and participate in an interview to identify interests and skills. Training sessions are available three times each year.

In 2005, the Center served 832 clients needing crisis intervention and counseling. Community Outreach and Education are strong components of the Center. More than 22,000 residents of Collin County received some form of community education. In July, "Turning Point – A Teen Awareness Program", which provides students in sixth through 12th grades with information about sexual harassment and sexual assault was one of two programs selected from 294 Junior Leagues across Canada, the United States, Mexico, and the United Kingdom to receive an award from the Association of Junior Leagues International.

According to Turning Point statistics, one in four women will be victims of sexual assault or attempted sexual assault throughout their lifetimes. Girls age 16 to 19 are four times more likely than the general population to be victims of rape, attempted rape or sexual assault. Additionally, one in six men will be sexually assaulted throughout their lifetimes. Boys are at their highest risk of assault between the ages of 10 and 15. Every two and a half minutes, somewhere in the United States, someone is sexually assaulted.

As independent practitioners in Collin County, we may be the first to hear the victim's story. It's not uncommon for victims to delay reporting of the crime. Common reactions such as shock, disbelief, shame and guilt may result in a victim to delay reporting or even seek supportive services. The Turning Point Rape Crisis Center of Collin County can be a wonderful, additional resource for our clients and it's located in our "backyard!" For more information consult the website: www.rcccc.org.

The CCPA Board will continue to plan timely and relevant monthly CE topics and as always, welcomes your feedback and input. Sarah Spreda, Ph.D. Questions or comments please contact me at 469-879-9588; sfspreda@sbcglobal.net; <http://www.apapa.org/DrSarahSpreda>

Sarah Spreda, Ph.D.

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**Collin County
Psychological Association**

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*The network of psychologists that
connects!*

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ANNOUNCEMENT OR OTHER
RELEVANT INFORMATION,
CONTACT CCPA: wichern@att.net

BOARD MEETINGS:

Please attend!

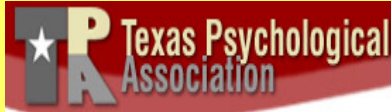
600 W. Campbell Rd #5,
Richardson

NOON – First Friday of month!

**PLEASE
RENEW YOUR
CCPA
MEMBERSHIP!**

**Application at:
www.psychselect.com/ccpa**

MENTOR'S CORNER: *CCPA encourages it's members to build profitable, ethical practices. These tips are timely and* we solicit your suggestions, recommendations and Questions!



Psychology News

YOU NEED TO BE ON THIS EMAIL LIST

IF YOU ARE NOT ON TPA'S EMAIL LIST, SIGN UP!

GO TO: <http://www.texaspsyc.org/>

August 14, 2006

- [Proposed Medicaid Cuts will Shift Burden to States](#)
- [Death Sentence Overturned in Kidnap Murder](#)
- [Focusing on Stress Management for Law Enforcement](#)
- [Speaking Out About Sexual Abuse](#)
- [Helping Fight Addictions through Family Pacts](#)
- [Teaching the Difference between Hoarding and Cluttering](#)
- [Getting Married can Ease Depression](#)
- [UCI Psychiatry Professor Investigated for Ethics Breach](#)
- [Rewarding Kids for Grades](#)

THIS IS A SAMPLE OF TOPICS FOR JUST ONE DAY, AND TPA DOES A DAILY MAILING.

THERE ARE LINKS TO NEWS SOURCES SO YOU CAN ACTUALLY READ THE ARTICLES.

BE SURE TO JOIN THIS NEW INTERNET NEWS SERVICE!